

Kia ora SPHC Champions,

The year is fast drawing to a close and I am hoping to re-ignite activity in this forum by providing an update from the SPHC National Project Team.

Firstly a HUGE thank you to all of you for your commitment and input into your local SPHC implementation mahi. The October forums and our other forms of contact with you indicate excellent traction with the implementation of the Guideline which is incredibly satisfying for all as we continue our journey forwards. 2018 brought the first mile-stone in our work, the end of the first phase of the Guideline Implementation, and with this, the expectation that services have achieved the embedding of the Essential Elements of the Guideline in service delivery across sectors, across the country. Some areas are there and some have a way to go- Everyone is on the journey.

In 2018 we were offered a host of resources that have been developed in support of guideline implementation. These include locally developed resources, and contextualised resources from our Australian colleagues engaged in similar activity. We currently have these uploaded onto the SPHC web-site, and have physical resources available for distribution. These include the 4 fact sheets, the 'How can I help my Child', the Family posters and the door hangars, and the 'Parenting in Challenging Times' resources. Please contact us if you would like some of these forwarded to you.

In 2018 we also were privileged to be supporting our 25 Single Session Family Consultation (SSFC) Trainers and multiple delivery of the SSFC training. Some areas now

have SSFC as part of the suite of mandatory trainings for their workforces. Similarly there have been numerous trainings offered on the 5-Step Method. The increasing engagement with both trainings has been very satisfying and will hold us in good stead towards increasing family-inclusive practice.



*SSFC Training – Tūranga-nui-a-Kiwa (Gisborne)*

2018 also heralded the release of the Mental Health and Addictions Inquiry findings which unsurprisingly speak to the need for increasing Family and whānau-inclusive service delivery. This will provide an excellent additional 'push' to continue with our mahi.

Our Project Team has experienced membership changes this year with the role changes for Anna Nelson, Jo Van Leeuwen, and pending retirement of Colin (Hamlin). We have been privileged to be supported by these folk and wish them well in their new journeys.

We will continue to partner with you in 2019 to ensure meeting Phase 2 of the Guideline is at the top of everyone's planning processes.

Thank you all again for your amazing work and dedication to supporting the workforces supporting the children and families/whānau where there is lived experience of mental health and or addictions. Here's to 2019.

Ngā mihi- Bron Dunnachie