

# Supporting Parents Healthy Children: Supporting Guideline Implementation

Kia ora.

Welcome to the first newsletter updating you on information regarding the 'Supporting Parents Healthy Children' across workforce programme project. Please contact me directly for further information. We are all looking forward to working closely with you.

Regards,

Dr Bronwyn Dunnachie  
The Werry Centre

## This newsletter will

- Update you on the project team's progress supporting implementation
- Link to the resources that you will need to ensure that you are partnering with families/whānau to maximise their experience of parenting, and the wellbeing of their children.
- Introduce you to new resources as they are developed and/or located from other sources.

- Provide a conduit for access to resources on our website [SUPPORTING PARENTS HEALTHY CHILDREN](#) and that of our partners [Matua Raki](#), [Te Pou](#), [Le Va](#), [Te Rau Matatini](#), [Abacus](#) and the [MOH](#)



Supporting Parents Healthy Children Workshops in February 2016

*From left: Anna Nelson, Matua Raki; Luci Falconer, The Werry Centre; Bradley Morgan, COPMI National Initiative Australia; Lucy Bush, Te Rau Matatini; Stacey Porter, The Werry Centre; Jo Chiplin, The Werry Centre; Sue Dashfield, The Werry Centre; Jo van Leeuwen, Te Pou; Bronwyn Dunnachie, The Werry Centre; Angela Guar, Te Pou; Maraea Johns, MOH.*





## Resource of the month

We are currently in the process of preparing a set of tools that will support you with the implementation process. One of the tools that we have developed is a Checklist. It incorporates all of the essential and best practise elements from the Guideline enabling a review of where your organisation is currently situated, and where development is required.

*Click on the picture to open the checklist:*

ESSENTIAL ELEMENTS				
Organisational-level Elements				
	CURRENT LEVEL OF COMPLETION (NONE, PARTIAL, FULL)	EXPECTED DATE OF FULL IMPLEMENTATION	RESOURCES REQUIRED	PERSON RESPONSIBLE
Implementation plans for family and whānau-focused COPMBA initiatives are in place				
COPMBA data is routinely collected, recorded and reported				
The leadership team includes an identified COPMBA leader/whānau				
Documented care and protection policies are relevant to all mental health and addiction services				



## Next events out in the regions

Te Pou are funding a further series of the following workshop:

‘Talking to family and whānau: An introduction to the [Supporting parents, healthy children \(SPHC\) guidelines](#)’ workshop.

These workshops will:

- Introduce participants to the SPHC guidelines
- Get participants to think about implementation of the practitioner level essential and best practice elements contained in the guidelines
- Discuss family structures and dynamics
- Increase participants’ confidence in having conversations with parents and caregivers about the wellbeing of their children

The dates and places for these workshops are:

- Friday, 10 June, Auckland
- Wednesday, 15 June, Waikato
- Thursday, 14 July, Northland
- Wednesday, 20th July, Nelson/Tasman
- Thursday, 28th July, Bay of Plenty

*For further information please click [here](#).*





## Back to basics: The supporting parents healthy children project

The goal of the Supporting Parents Healthy Children (formerly COPMIA) project is to have a mental health and addiction sector that:

- Is family and whānau focused.
- Takes responsibility for promoting and protecting the wellbeing of children.
- Makes the rights and needs of children a core focus of all that they do.
- Finds, includes and, when necessary, connects our vulnerable family and whānau to supports and services – early.
- Employs a strengths-based approach That protects and strengthens parenting capability and builds the resilience of children.
- Provides interventions that are informed by evidence about what works.
- Provides services that are culturally safe and appropriate for all families and whānau



- Provides a safe and competent workforce that is confident and able to recognise and respond to the needs of children and their family and whānau.



## Project Team Update

Since the Launch of the Guideline in September 2015, the project team have been actively in the following activities:

- Promoting the Guideline with key-stakeholders and services across sectors throughout the country. This work has been supported by our Sponsors, a small group of people in strategic roles across several services. A huge thanks to these folks for supporting us in this important work.
- In February we offered four regional workshops. These aimed to inform participants about the expectations and supports that were accessible as services begin or continue with their

implementation of the Guideline. The evaluation from the workshops, in addition to the follow up.

- E-Survey highlighted and prioritised the resources the sectors need to support their implementation processes. Click [here](#) to view the summary.

•A series of five follow-up workshops in March and April were designed to address the needs for addiction and mental health practitioners who want to understand more about their responsibilities in line with the SPHC Guideline, and explore ways of starting conversations about, and with family, whānau and children.

- We are now in the process of identifying liaison people from the project team to support Guideline implementation for the collectives of services in each DHB area. Next steps will be for these liaison people to link with, and support steering groups driving implementation processes; identifying service champions and resourcing these people to support their colleagues in the further development of family/ whānau focussed service delivery.